



# TRES TIMES

## E-NEWSLETTER

SECOND EDITION  
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# TRES TIMES

The latest, special news and updates from THE RENAISSANCE Education System



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# CHARTING THE PATH AHEAD

## A MESSAGE FROM

**The Head of Academics**

**DR. DANIA QAZI**



Welcome to the Second Edition of Our E-Newsletter!

We are delighted to bring you the second edition of our school's e-newsletter—a dynamic reflection of our vibrant learning community. This edition is filled with enriching content that provides a deeper insight into the heart of our school.

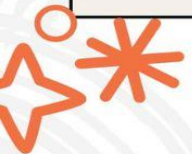
In this issue, you'll find an exclusive interview with our esteemed Regional Heads, offering their vision and insights. Step inside our classrooms for a firsthand look at engaging learning experiences, explore both curricular and co-curricular activities, and discover the power of Project-Based Learning in action. We also bring you highlights from faculty training sessions, student achievements, and a special Parent Corner designed to strengthen our partnership with families.

At our school, we believe in fostering a culture of continuous growth, collaboration, and excellence. Through this newsletter, we aim to keep you informed, inspired, and connected to the many wonderful initiatives shaping our students' educational journey.

We value your feedback and would love to hear your thoughts! At the end of this newsletter, you'll find a feedback form—please take a few minutes to share your suggestions and help us improve future editions.

Thank you for being an integral part of our community. Happy reading!

Best regards,  
Dr. Dania Qazi  
Head of Academics





# VOICES OF LEADERSHIP:

INSIGHTS FROM OUR REGIONAL HEADS



CENTRAL REGION:

**MR. IMRAN ASLAM**



Scan the QR Code to watch the full interview

**How do you adapt to the evolving needs of the students and advancements in educational technology?**

Technology is key in today's world, and we've seen its impact over the last decade. At TRES, we ensure technology is assistive and integrated into daily learning. For instance, our unique TRES Touch feature enhances learning through interactive games, such as popping balloons to learn subtraction. It engages students in fun, collaborative learning experiences. We also utilise technology for assessments via our web portal and apps. By combining technology with the curriculum, we create an engaging and effective learning environment.



NORTH REGION:

**MR. USMAN AKBAR**

**Can you explain the unique educational approach or system that differentiates TRES schools from other schools?**

TRES schools stand out for their student-centered approach, which combines academic excellence with holistic development. Our curriculum is designed to foster critical thinking, creativity, and real-world problem-solving skills. What truly differentiates us is our emphasis on values-based education, personalized learning pathways, and innovative teaching methodologies.

**What inspired you to pursue a leadership role in academia?**

My passion for creating meaningful impact and belief in the transformative power of education inspired me to pursue this role. While my background is not academic, my leadership, management expertise, and problem solving skills enable me to drive progress, empower educators, and support students in achieving their potential.

**What strategies do you employ to ensure that innovative educational practices are effectively integrated into the schools you oversee?**

To ensure innovative educational practices are effectively integrated, we have introduced evidence-based strategies that enhance teaching and learning. Through targeted professional development sessions, the teachers are continuously being equipped with the skills to adopt and implement new practices. Additionally, we foster a culture of creativity and adaptability by encouraging educators to share successful practices and continuously reflect on their methods, ensuring that innovation becomes an integral part of our educational approach.



SOUTH REGION:

**MR. BADR MIR**

**How do you adapt to the evolving needs of students and advancements in education technology?**

To keep up with the pace of advancements in technology, we try staying ahead of trends by regularly updating curricula, integrating new technologies like AI and digital tools into classrooms, and conducting workshops for teachers to enhance their tech skills. We also engage with students and parents to understand their needs and expectations, ensuring that our schools remain relevant and effective.

**Can you share your journey in education and how it led you to this position?**

I believe that one can contribute significantly to society through Governance, Healthcare and Education. I chose education as that was the closest to my heart. My transition into the education sector was driven by a passion for fostering growth and development, not just in organizations but also in individuals. This led me to volunteer as a Mentor in the "Rahber Program" of TCF for some years before joining them full time as General Manager for Resource Mobilization.

**Can you explain the unique educational approach or system that differentiates TRES schools from other schools?**

TRES schools emphasize a holistic learning model that combines academic excellence with character development and skill-building. The curriculum is designed to be dynamic, incorporating the latest educational technologies and methodologies, while fostering an inclusive and supportive learning environment.





SHOWCASE JOURNEY



# FROM TRAINING TO TRIUMPH

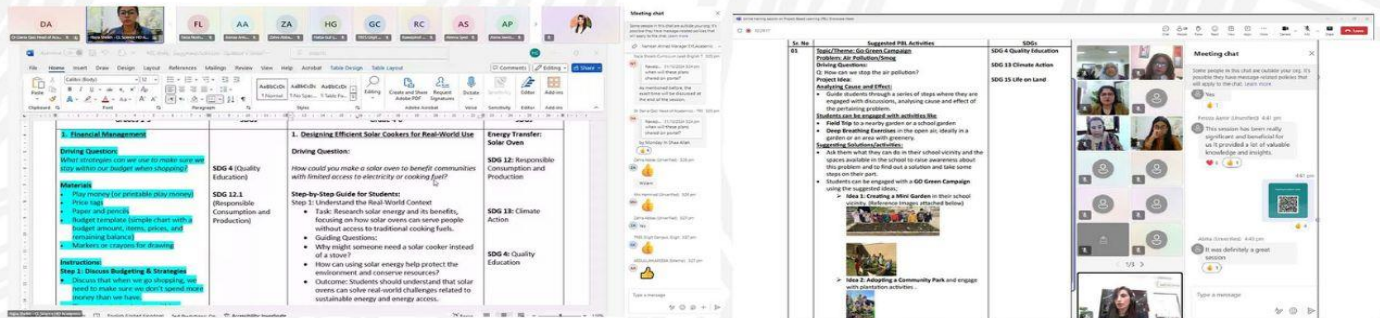
## LAYING THE FOUNDATION: REGIONAL HEAD AND SCHOOL HEAD TRAINING

Our Regional and School Heads kicked off the PBL showcase with focused training to enhance leadership and teaching strategies. Equipped with the tools to inspire creativity and guide

teachers, they laid the groundwork for a successful PBL journey, ensuring a smooth and impactful experience for students across schools.



### Preparing for Success: Strengthening Leadership and Pedagogy



### From Literacy to Leadership: Equipping Educators for Excellence!





# BRINGING IDEAS TO LIFE:

## THE PBL SHOWCASE WEEK – SCHOOL LEVEL COMPETITION

Our PBL Showcase Week brought innovation to life as students from Category 1: PG-KG, Category 2: Grades 1-3, and Category 3: Grades 4-6 presented creative projects demonstrating critical thinking and real-world problem-solving.

Judged by experts and cheered on by an enthusiastic parent body, the event celebrated collaboration, learning, and innovation, with school-level winners selected from each category. A proud moment for our students, parents, and schools alike!



Quetta Campus SR



Campus Hyderabad SR

**From Ideas to Impact:  
Students Shine at PBL Showcase Week!**



University Town Peshawar NR



North Nazimabad SR





DGK Campus CR



FB Area Campus SR

**Creative Minds, Real-World Solutions:  
Celebrating Project-Based Learning in Action!**



Gushan Campus 9 SR



Gulshan Iqbal 13 D Campus SR

**Parent-powered applause for  
young innovators at PBL Showcase!**



Gulistan e Jauhar SR



I-8 Campus NR





DGK Campus CR



*Judges select the best, but every student is a star at PBL Showcase Week!*



Gushan Campus 9 SR



Gulshan Iqbal 13 D Campus SR



Gulistan e Jauhar SR

**Innovation in Action**  
**Celebrating Creativity at**  
**PBL Showcase Week!**





# SPOTLIGHTING EXCELLENCE

## REGIONAL LEVEL WINNERS

In the second phase of our PBL Competition, after intense evaluations, each region proudly announced its top three winners in every category—first, second, and third place. These exceptional students demonstrated outstanding

teamwork, problem-solving skills, and a deep understanding of their projects, setting the bar for excellence and inspiring others to reach new heights.

**Congratulations to our regional champions!**

## NORTH REGION

Category 1

WINNING SCHOOL:  
**UNIVERSITY TOWN  
PESHAWAR**

PROJECT: GO GREEN

Driving Question: How can we protect the environment from different types of pollution?



Category 2

WINNING SCHOOL:  
**UNIVERSITY TOWN  
PESHAWAR**

PROJECT: LITTER-FREE; STARTS WITH ME

Driving Question: What ways can we help reduce the litter from the environment?

Category 3

WINNING SCHOOL:  
**UNIVERSITY TOWN  
PESHAWAR**

PROJECT: MY DREAM CITY;  
PROTECTING OUR LOCAL ECOSYSTEM

Driving Question: How can we protect our local ecosystem?





# REGIONAL LEVEL WINNERS

## SOUTH REGION

From school – level triumphs to regional recognition  
Honouring our PBL Champions

Category 1

WINNING SCHOOL:  
**ASKARI CAMPUS  
HYDERABAD**

PROJECT: SOURCES OF WATER

Driving Question: How can  
we save the water?



Category 2

WINNING SCHOOL:  
**NORTH  
NAZIMABAD**

PROJECT: INDUS DOLPHIN

Driving Question: Why are Indus Dolphins in  
danger of extinction? How can we save them?



Category 3

WINNING SCHOOL:  
**GULSHAN IQBAL  
13D CAMPUS**

PROJECT: TRASH TO TREASURE

Driving Question: How can we reuse the trash in  
meaningful and useful ways?





# REGIONAL LEVEL WINNERS

## CENTRAL REGION

**The Pinnacle of Creativity: Recognition for the best**  
Regional PBL projects!

Category 1

WINNING SCHOOL:  
**ALLAMA IQBAL  
CAMPUS, LHR**

PROJECT: PARINDON KI HIFAZAT

Driving Question: : How can we  
take care of the birds around us?



Category 2

WINNING SCHOOL:  
**ALLAMA IQBAL  
CAMPUS, LHR**

PROJECT: THE FUTURE IS NOW

Driving Question: How do  
computers make our lives easier?

Category 3

WINNING SCHOOL:  
**SAHIWAL  
CAMPUS**

PROJECT: PROTECTING CLIMATE CHANGE

Driving Question: Why is the climate  
around us changing and how can we protect it?





# NATIONAL LEVEL JUDGING CEREMONY

At the Head Office, a distinguished panel of judges was invited to evaluate the top projects from across the regions. Their expertise and insight were key in selecting the national level winner in each category. After careful deliberation, the judges

crowned the most outstanding projects, showcasing the incredible talent, innovation, and dedication of our students. These winners now stand as the pinnacle of excellence in the PBL competition.



**National Champions Emerge:**  
Judges decide on the finest projects!



**The Final Verdict is in:**  
National champions have been crowned!





# NATIONAL LEVEL WINNERS

**National Champions of Innovation**  
PBL Stars Shine Bright!

THE RENAISSANCE Education System

**Culmination of the**  
**Project-Based Learning (PBL) Showcase Competition**



Scan the QR Code to watch the Video

## Congratulations

NATIONAL LEVEL PBL WINNERS  
Project-Based Learning



Winners Category 1  
University Town Peshawar



Winners Category 2  
North Nazimabad



Winners Category 3  
University Town Peshawar



**PBL SHOWCASE COMPETITION-  
NATIONAL LEVEL WINNER (CATEGORY 1)**

**WINNING SCHOOL**

**TRES, UNIVERSITY TOWN PESHAWAR CAMPUS**

**DRIVING QUESTION:**

How can we help protect the environment  
from different forms of pollution?

**PROJECT: GO GREEN**



**CLASS: PLAYGROUP**



**PBL SHOWCASE COMPETITION-  
NATIONAL LEVEL WINNER (CATEGORY 3)**

**WINNING SCHOOL**

**TRES, UNIVERSITY TOWN PESHAWAR CAMPUS**

**DRIVING QUESTION:**

How can we safeguard our local  
ecosystem?

**PROJECT: DREAM CITY;  
PROTECTION OF  
LOCAL ECOSYSTEM**

**CLASS: 4,5 & 6**



**PBL SHOWCASE COMPETITION-  
NATIONAL LEVEL WINNER (CATEGORY 2)**

**WINNING SCHOOL**

**TRES, NORTH NAZIMABAD CAMPUS KARACHI**

**DRIVING QUESTION:**

Why are Indus Dolphins in danger of  
extinction? How can we save them?

**PROJECT: SAVING THE  
INDUS DOLPHIN**



**CLASS: 2**







# A **SNEAK PEEK** INSIDE



# THE CLASSROOM

Step into the world of transformative learning with a sneak-peek inside our classrooms! These meticulously planned lessons showcase the perfect blend of interactive teaching techniques, technology integration, and a student centred approach that makes every moment in the classroom engaging and impactful.

From sparking curiosity to fostering critical thinking, our teachers utilise the lesson plans to demonstrate the art and science of effective teaching, designed to inspire both educators and learners alike. **Come** and witness how we turn classrooms into hubs of innovation, collaboration, and creativity where learning truly comes to life!



# EARTH DAY

On Earth Day, we celebrate our planet and the importance of sustainable living. From eco-friendly projects to outdoor activities, we inspire our students to protect and cherish the environment for future generations.



Together, let's nurture  
a greener world!



Celebrate Earth,  
Protect our Future.



# IQBAL DAY

TRES marked Iqbal Day by honouring Allama Muhammad Iqbal's profound contributions to literature and philosophy.



نہیں ہے نا امید اقبال اپنی کشت ویراں سے  
ذرا غم ہو تو یہ مٹی بڑی زرخیز ہے ساقی۔



نوجوانوں کو مری آہ سحر دے  
پھر ان شاہین بچوں کو بال و پردے  
خدا یا! آرزو میری یہی ہے  
میر انور بصیرت عام کر دے



# CHILDREN'S DAY

Children's Day is a celebration of the joy, creativity, and potential of every child. It's a day to honour their dreams and aspirations through fun activities, laughter, and learning. We celebrate the future of our world and our children!



**Celebrating Childhood, Cherishing Dreams!**

Honouring the Legacy of

## QUAID-E-AZAM FATHER OF THE NATION

TRES schools celebrated Quaid-e-Azam Day with great enthusiasm and reverence, reflecting on the vision and values of the Father of the Nation. The day was filled with inspiring speeches, thematic performances, and interactive activities that brought to life Quaid-e-Azam's message of unity, faith, and discipline. Students showcased their talent paying tribute to the leader whose unwavering determination shaped our future. The celebrations served as a reminder of our shared responsibility to uphold his ideals and contribute to a stronger, united Pakistan.



# COLOUR DAY

Colour Day is a celebration of creativity and self-expression across our schools, where students embrace the beauty of colours both in their learning and their attire. With red symbolising passion, energy, and excitement, and yellow representing joy, warmth, and optimism, colour days are filled with a spectrum of emotions. While these colours shine brightly, the day also celebrates the full spectrum of colours, encouraging students to explore and express their individuality. It's a joyful celebration of imagination.



**Where every Shade tells a story!**



**A Spectrum of Colours filling our lives!**







# WORLD FOOD DAY

Celebrated World Food Day with engaging activities focused on food security, sustainability, and reducing waste. Students explored ways to build a better future through discussions, creative projects, and pledges to make a difference. Together, we're fostering awareness and responsibility to ensure a world where everyone has access to nutritious food in alignment with United Nation's Sustainable Development Goal 2: Zero Hunger.



*Cultivating awareness, one bite at a time*



# EXPLORING, EXPERIENCING, AND LEARNING

(FIELD TRIP)

At TRES, our field trips are designed to bring learning to life! Students recently ventured beyond the classroom to explore new environments, connect with real-world concepts, and spark their curiosity. Field trips at TRES not only enhance understanding but also foster teamwork, creativity, and a deeper appreciation for the world around us. These experiences are a vital part of our commitment to holistic education.



*Learning beyond the classroom,  
one adventure at a time!*







# HANDS-ON LEARNING

At TRES, we believe in hands-on learning that brings theory to life. By engaging in real world activities and interactive projects, students develop critical thinking, problem-solving, and creativity.



**Learning by Doing:  
Turning Ideas into Reality!**



**Learning becomes an adventure  
when you get your hands dirty!**



# TECHNOLOGY INTEGRATION

Technology integration is at the heart of modern education at TRES thanks to TRES Touch. With cutting-edge tools and digital resources, we enhance student engagement, broaden learning horizons, and prepare them for a tech-savvy future.



**Empowering Learning:  
Innovation and Technology!**







***Building the bridge between  
home and school for student success***

Our aim is to equip instructors with the finest tools to inspire and shape the future generation. Our teachers are provided with comprehensive training sessions designed to elevate classroom effectiveness and innovation. From mastering Jolly Phonics to enhance early literacy to refining strategies for Monthly Assessments, these sessions ensure our educators are always at the forefront of impactful teaching. At TRES, we believe empowered teachers create empowered learners!







## PARENTS' CORNER

### Building Resilience

#### Teaching Kids to Bounce Back

Imagine this: Your child comes home upset after losing a game at school. They're frustrated, maybe even declaring they never want to play again. As a parent, it's heart-wrenching to see them struggle. But moments like this are golden opportunities to teach resilience—a skill that will empower them throughout their lives.

**Resilience** is the ability to recover from setbacks, adapt to challenges, and keep moving forward despite difficulties. Cultivating this in children is a gift that will serve them well.

Here's how you can guide your child towards becoming resilient individual:

#### 1 Normalise Setbacks

It's important for kids to understand that setbacks are a natural part of life. Let your child know that mistakes and failures are part of life. Share age-appropriate stories of times you faced challenges and how you overcame them. This helps children see that everyone stumbles, but it's possible to bounce back.

#### 2 Encourage Problem-Solving

When your child encounters a challenge, resist the urge to fix it for them. Instead, ask guiding questions like, "What do you think you could try?" or "What might happen if you take this step?" This fosters independence and critical thinking.

#### 3 Model Emotional Regulation

Children learn how to respond to stress by watching you. When faced with a difficult situation, demonstrate calmness and discuss how you're managing your emotions. For example, "I'm feeling frustrated, so I'm going to take a few deep breaths." This not only shows them healthy ways to manage emotions but also reassures them that it's okay to feel upset.

#### 4 Praise Effort, Not Just Results

Celebrate the process, not just the outcome. When your child perseveres through a challenge, acknowledge their effort. Saying, "I'm so proud of how hard you worked," reinforces the value of persistence, even if the result isn't perfect.

#### 5 Foster a Growth Mindset

Encourage your child to view challenges as opportunities to grow. Use phrases like, "What can you learn from this?" or "You're still learning, and that's okay." This mindset shifts their focus from fear of failure to excitement about personal growth. Remember, teaching resilience doesn't mean shielding your child from life's difficulties. It means equipping them to navigate those challenges with confidence and strength. The next time your child encounters a setback, view it as an opportunity to help them grow stronger—just like a tree that bends but doesn't break in the wind. By nurturing resilience, you're not just helping your child bounce back today; you're setting them up to thrive tomorrow.

### Takeaways for Parents

**Be Patient:** Building resilience takes time and repeated effort.

**Celebrate Progress:** Even the smallest victories are worth acknowledging.

**Stay Supportive:** Let your child know they're never alone in facing challenges.



# Are you smarter than your child?

Think you've got the brains to outsmart your little one? Put your knowledge to the test with fun and challenging games designed for both parents and children, based on what they learn at school.

Compete, learn, and discover who truly rules the trivia world—family-style! If you need any help answering these questions, you can always ask your little TRES Penguin for hints!



Pre-school



Grade 1-3



Grade 4-6

**Click**

On the link icon in the cartoon or Scan the QR Code

## Ready to Play? Here's How!

- Click the **paperclip** on your level's penguin—it'll take you straight to the game!
- Enter your game name and hit **"Join Lesson."**
- Sit tight while the game loads.
- Pick your favourite **avatar**—we recommend a TRES Penguin, but the choice is yours! Click **"Join Game"** again.
- **Answer wisely!** Click the most suitable option for each question.
- **No need for arrows!** The game auto-loads the next question.
- Your final grade = **Speed + Accuracy!** Answer quickly and correctly to score big.
- Play it through! Want a challenge? Compete with your child on another device—who's really smarter?
- Good luck, **Penguin Parents!**



# Teacher and School Spotlight

Teachers and school heads of the national level winning teams shared heartfelt testimonials, celebrating the students' dedication, creativity, and teamwork. These reflections highlighted the hard work behind each project and the true spirit of innovation and excellence in action.



**Ms. Zehra Tariq**  
(Principal North Nazimabad)

This achievement would not have been possible without cooperation and support from TRES Academics HO, my passionate teachers, enthusiastic students, and valuable parents. This incredible journey has been a blend of hard work, passion, and dedication encompassed with innovation and creativity. I am immensely proud of the success and look forward to seeing continued accomplishments in the future as well.



**Ms. Zille Fatima**  
(Principal University Town Peshawar)

It is due to the unwavering dedication and hard work of our teachers, who guided our students step-by-step through every activity. Together, they have created truly remarkable projects that reflect both innovation and learning excellence. This approach not only deepens student understanding but also fosters critical thinking, creativity, and collaboration. A heartfelt thank you to all team members and all students. Let us continue to inspire and grow together!



**MS. Feroza Amir** (Teacher Category 2)

I am overjoyed to share that our class project won the PBL showcase competition 2024 award! I would like to extend my heartfelt gratitude to our principal (Ma'am Zehra) for her unwavering support and guidance throughout this journey. I am incredibly proud of my students who worked tirelessly starting from choosing the topic, to researching, project making, and then presenting it to the jury. Furthermore, I am deeply thankful to my parents for their cooperation and continuous support.



**Ms. Samia** (Teacher Category 1)

I am excited to share that our project has won at the national level in the Project-Based Learning competition! A special mention goes to our wonderful Play Group students, whose enthusiasm and creativity brought this project to life. Their hard work in exploring solutions for air pollution and their passion for making a difference has been truly inspiring. Thank you to everyone who supported us. Let's keep working together for a cleaner and greener future!



**MS. Sana** (Teacher Category 3)

I am proud to share that our project has won in Category 3. This achievement highlights our students' dedication, teamwork, and innovative spirit. Thank you to all my students for their support as we continue striving to make a positive impact!

## THE ENGINEERS BEHIND OUR STUDENTS' SUCCESS





# WELCOME TO 2025 WITH TRES!

TRES New Year's Message

Empowering Minds,  
Enriching Lives – The TRES Way!



Scan the QR Code to watch the full video







[CLICK HERE TO GIVE YOUR FEEDBACK](#)

TRIES